

COPD Treatment

Measured outcomes of the COPD program include reduction of hospital admissions or readmissions and decreasing the number of hospital days and length of stay. The program also focuses attention on the moderately acute participants with COPD. All moderate risk participants receive a Health Risk Assessment that focuses on the COPD risk factors that may lead to exacerbations and hospitalizations. Depending on the responses, preventive interventions including skilled nursing case management and targeted education materials are implemented for the individual participant.

Actions to Avoid

- Smoking
- Taking any extra doses of theophylline
- Taking codeine or any other cough suppressant
- Use of over-the-counter nasal sprays for more than 3 days
- Increasing the liter flow of prescribed oxygen
- Waiting any longer than 24 hours to contact your doctor if symptoms continue

COPD Warning Signs

- An increase in the severity of shortness of breath, cough and/or wheezing
- A general feeling of ill health
- Ankle swelling
- Forgetfulness, confusion, slurring of speech and sleepiness
- Trouble sleeping
- Using more pillows or sleeping in a chair instead of a bed to avoid shortness of breath
- An unexplained increase or decrease in weight
- Increased feeling of fatigue and lack of energy that is persistent
- A lack of sexual drive
- Increasing morning headaches, dizzy spells, restlessness



Chronic Obstructive Pulmonary Disease Program (COPD)

A Medicare Certified
Home Health Agency

LifeCare Solutions

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Orange Park, FL 32073

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About our Company

LifeCare Solutions is a full service Medicare certified Home Health Agency serving multiple counties in Northeast Florida. We provide skilled nursing and therapy care in your home, under the direction of your physician.

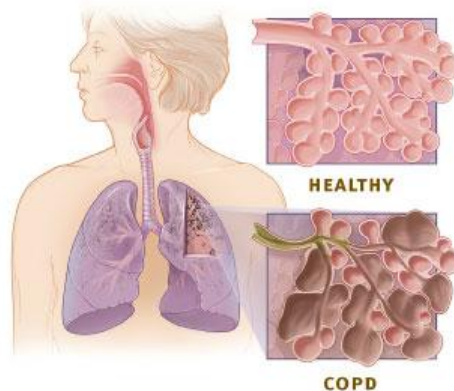
Our COPD Program has been developed to provide services in the home to treat your condition.

Fact / Statistics

COPD is the fourth leading cause of death in the United States, and by 2020 it is projected to become the third leading cause of death.

About Your Condition

Chronic Obstructive Pulmonary Disease (COPD) is a progressive and common lung condition that obstructs the airways, making breathing difficult. COPD is usually caused by smoking, sustained exposure to fumes or very dusty environments. COPD can be prevented, and even when it develops it can be treated. Unfortunately, COPD cannot be cured.



Program Goals

The goals of our COPD program are to assess and manage the severity of COPD symptoms, reduce risk factors that contribute to the progression of the disease, and improve functional status and quality of life. Designed and monitored by physician experts in pulmonary medicine and primary care, our program focuses on patient education to improve self-management skills that lead to decreased mortality and morbidity.

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